

LOVE IS ONE WAY TO CELEBRATE LIFE. HOW CAN YOU SPREAD MORE LOVE?

who supports me by:

I LOVE:

who taught me:

I LOVE:

who treats me:

I LOVE:

**NAME THE PEOPLE YOU LOVE!**

ALBERT EINSTEIN DESCRIBES LOVE AS A POWERFUL UNIVERSAL FORCE - LIKE IT TO GRAVITY AND LIGHT THAT GOVERNS THE UNIVERSE. IT MULTIPLIES THE BEST IN HUMANITY AND ACTS AS THE ULTIMATE ANSWER TO SURVIVAL



TRX NOW YOU

DO YOU KNOW IT!

**SELF LOVE**  
10 THINGS I LOVE ABOUT MYSELF...

- ①
- ②
- ③
- ④
- ⑤
- ⑥
- ⑦
- ⑧
- ⑨
- ⑩

IT'S POSSIBLE TO LIVE AND NOT KNOW LOVE AND ITS POSSIBLE TO LIVE AND NEVER FALL IN LOVE!!

HERE ARE SOME WAYS TO ACTIVATE LOVE IN YOUR LIFE NOW!!

WHAT DO YOU LOVE TO DO? ACTIONS THAT GIVE YOU JOY...

I AM LOVED FOR BEING MY AUTHENTIC SELF MY TRUE FRIENDS ACCEPT ME AND SHOW ME LOVE.

In the end it won't matter how much we have, but how generously we have given, it won't matter how much we know but rather how well we live and it won't matter how much we believe, but how deeply we love.

-John C. Morgan

THIS IS A LOVE ZINE YOU CAN PRINT OUT AND SHARE WITH OTHERS

FOLD IT IN HALF 3 TIMES. CUT OR TEAR ALONG THE DOTTED LINE AND FOLD IT INTO A BOOKLET.



CEMMANUEL.COM

**LOVE IS REAL ZINE**

DRAW YOUR PICTURE HERE

YOU ARE LOVED YOU ARE ALIVE YOU ARE NECESSARY

LOVE STARTS HERE

with love by

YOUR NAME HERE

WE CAN ONLY LEARN TO LOVE BY LOVING. IRIS MURDOCH  
HOW CAN I MAKE TIME TO DO WHAT I LOVE?